Mental Health Awareness Level 3

Course Name	Start Date	End Date	Site	Total Fees
Mental Health Awareness L3	25/11/2026	28/04/2027	Home Learning	0.00
Mental Health Awareness L3	13/01/2027	09/06/2027	Home Learning	0.00
Mental Health Awareness L3	03/02/2027	07/07/2027	Home Learning	0.00
Mental Health Awareness L3	03/03/2027	28/07/2027	Home Learning	0.00
Mental Health Awareness L3	14/04/2027	15/09/2027	Home Learning	0.00
Mental Health Awareness L3	05/05/2027	05/10/2027	Home Learning	0.00

Important Information

After submitting an enrolment request you will be contacted by a member of our team to complete a questionnaire. The questionnaire must be returned before your enrolment can be finalised.

Who Is This Course For?

This course is available as a progression opportunity for those who have completed a similar Level 2 course and wish to further expand on their knowledge of mental health.

What Can I Learn On This Course?

This qualification aims to increase your knowledge of mental health and mental wellbeing.

The qualification will help you to understand:

Mental health legislation, services and public attitudes and how these have evolved

How to support mental wellbeing through various stages of life

Mental ill health, treatment options available and the potential consequences of mental ill health

The skills required to work in the mental health service

This qualification allows you to gain an in-depth knowledge and understanding of mental health and mental wellbeing, to support individuals with mental health problems.

How Is This Course Delivered?

Although this is an online course, you will receive extensive individual support throughout your studies. Your dedicated tutor is available to provide guidance and answer questions via email, telephone, Microsoft Teams calls, or in-person meetings. This approach ensures that you can study flexibly but have access to regular support in a way that suits your personal circumstances.

What Will I Need To Bring With Me?

To complete the course, you will need access to a computer and the internet. You will be given access to an online assessment account (e-assessor) to record and document your learning evidence.

What Skills Or Experience Do I Need?

No prior qualifications, experience or skills are needed, but you may find it helpful if you already achieved a level 2 qualification. You will also benefit from possessing basic IT skills to allow you to access the online materials.

How Will My Work Be Assessed?

This course is awarded by NCFE.

You will receive your own study pack made up of high-quality workbooks which your assigned specialist tutor will guide you through to complete your studies. You will be expected to complete all assessments on e-assessor, and your tutor will provide feedback after each assessment.

To achieve this qualification, you'll need to complete all five mandatory units:

- Unit 1: Understanding the context of mental health and wellbeing
- Unit 2: Promotion of mental health and wellbeing
- Unit 3: Mental health problems: associated issues and consequences
- Unit 4: Understanding mental ill health
- Unit 5: Working in mental health

What Can I Do After The Course?

On completing the Level 3 Understanding Mental Health course, you may wish to progress onto further online learning courses. These courses give you an opportunity to specialise in other areas including:
Level 2 Adverse Childhood Experiences

Level 2 Domestic Abuse

Level 2 Domestic Abuse

Level 2 Mental Health First Aid

Level 3 Certificate in Understanding Autism

You may also be interested in some of our classroom-based courses that can support and develop your knowledge of mental health, such as:

- Level 2 Counselling

- Level 3 Counselling