Counselling Skills And Theory Diploma Level 3

Course Name	Start Date	End Date	Site	Total Fees
Counselling Skills And Theory Diploma L3	15/09/2026	31/07/2027	Norham Adult Learning Centre	2000.00

Important Information

You must enrol onto and complete a taster and introduction session before enrolling on this course. If these courses are not available, please get in touch on 0191 643 2288 or by emailing adultlearning@northtyneside.gov.uk

Who Is This Course For?

This Level 3 qualification is designed for those with an interest in studying counselling skills or seeking employment in counselling. You must have completed the Level 2 Certificate in Counselling Skills or the Level 2 Award in Helping Skills, as well as attended the Counselling Taster session.

What Can I Learn On This Course?

This qualification is for people interested in using counselling skills in their main work role or wider social life. It is also for those hoping to continue their studies to achieve accredited counsellor status so that they can work professionally as a counsellor.

The units covered will be:

- Developing counselling skills
- Theoretical approaches in the use of counselling skills
- Working ethically and inclusively with counselling skills
- Using counselling skills in a range of contexts
- Counselling skills in personal development

How Is This Course Delivered?

This course is delivered in taught sessions in a classroom environment at one of our venues. It is a requirement that you attend 80% of the sessions to ensure you have the best chance of passing the course. Please think carefully before enrolling on this course if you have other commitments that may interfere with attendance. You should expect to do a maximum of 2-3 hours of additional home study and research a week. Tutorials are always available with your Tutor if you need any extra help.

What Will I Need To Bring With Me?

You aren't required to bring anything specific to your taught sessions, but you may wish to bring a pen and notepad to take notes. You may also wish to bring refreshments as on-site catering is not guaranteed. As you will be using an online portfolio to record your evidence and learning, you will need to have access to a computer with internet access outside of classroom time.

What Skills Or Experience Do I Need?

You must have completed the Level 2 Certificate in Counselling Skills or the Level 2 Award in Helping Skills. Additionally, you should have attended the Counselling Taster session to ensure you have been provided with advice and guidance to prepare you for your studies. As you will be using an online portfolio, you will benefit from possessing basic IT skills.

How Will My Work Be Assessed?

Your online portfolio of work is the only assessment requirement of the course. Your tutor will guide you during this time. The course will be delivered in traditional classroom-based sessions. You will get to practice skills at the end of sessions, but this is only to provide material for your assignments. The course does not involve any evaluation of your counselling skills. Evidence for the online portfolio is mainly short assignments, and three sets of journals spread across the course but could also include case studies, notes on the observation of counselling skills and records of professional discussions. The awarding body is NCFE.

What Can I Do After The Course?

This Level 3 qualification provides a route onto a Level 4/5 Degree in Counselling after which you will be able to work professionally as a fully qualified counsellor.

You could also consider some of our Distance Learning courses. We have many to choose from but some of those closest related to this course include:

- Level 2 Certificate in Understanding Mental Health First Aid and Mental Health Advocacy in the Workplace
- Level 2 Certificate in Understanding Working with People with Mental Health Needs
- Level 2 Certificate in Understanding Safeguarding and PREVENT