# Counselling Skills Certificate Level 2

| Course Name | Start Date | End Date | Site | Total Fees |
|---|---|---|---|---|
| Counselling Skills Certificate L2 | 14/10/2026 | 31/07/2027 | Swans Cfi | 400.00 |

## Important Information

You must enrol onto and complete a taster session before enrolling on this course. If a taster is not available, please get in touch on 0191 643 2288 or by emailing adultlearning@northtyneside.gov.uk

## Who Is This Course For?

This Level 2 qualification is designed for those with an interest in studying counselling skills or seeking employment in counselling. You must have completed the Introduction to Counselling Skills course prior to starting this course.

## What Can I Learn On This Course?

The course aims to introduce you to the everyday use of counselling skills in life and at work, and some of the approaches that underpin the use of these skills.

The units of study are:

- Using counselling skills
- Introduction to counselling theories and approaches
- Diversity and ethics in the use of counselling skills
- Counselling skills and personal development

## How Is This Course Delivered?

This course is delivered in taught sessions in a classroom environment at one of our venues. It is a requirement that you attend 80% of the sessions to ensure you have the best chance of passing the course. Please think carefully before enrolling on this course if you have other commitments that may interfere with attendance. You should expect to do a maximum of 2-3 hours of additional home study and research a week. Tutorials are always

available with your Tutor if you need any extra help.

## What Will I Need To Bring With Me?

You aren't required to bring anything specific to your taught sessions, but you may wish to bring a pen and notepad to take notes. You may also wish to bring refreshments as on-site catering is not guaranteed. As you will be using an online portfolio to record your evidence and learning, you will need to have access to a computer with internet access outside of classroom time and possess basic IT knowledge.

## What Skills Or Experience Do I Need?

No prior experience or knowledge is needed. However, you must have completed the Introduction to Counselling Skills course before enrolling onto this Level 2 course. This is to ensure you have been provided with advice and guidance to prepare you for your studies.

## How Will My Work Be Assessed?

Your online portfolio is the assessment requirement for this course. Your tutor will guide you when setting tasks and ask you to possibly informally practise skills at the end of sessions if you wish. However, this will be your choice, and you will not be assessed on your skills. The awarding body is NCFE.

## What Can I Do After The Course?

You could progress onto our Level 3 Diploma in Counselling Skills and Theory. After this, you could study on a Higher Education course in counselling at a university or private provider, after which you would be a fully qualified counsellor and could work professionally as such.

You could also consider some of our Online Learning courses. We have many to choose from but some of those closest related to this course include:

Level 2 Certificate in Understanding Mental Health First Aid and Mental Health Advocacy in the Workplace

Level 2 Certificate in Understanding Working with People with Mental Health Needs

Level 2 Certificate in Understanding Safeguarding and PREVENT

Your tutor will be happy to discuss your options with you.